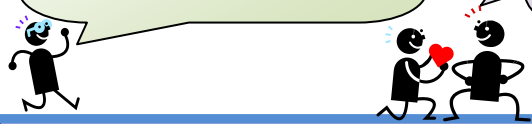




Gloucestershire Functional Families Team

"FFT has been very helpful in helping us understand each other and have a better relationship"

"It's been helpful to talk about things all together"



WHAT DO WE DO?

We use the Functional Family Therapy (FFT) model. This is an evidence based model working with families supporting them to communicate and function effectively.

We work with families to help them have a different understanding of family relationships.

We normally work with families at home for between 3-5 months and have between 12-20 sessions.

We end by planning for future challenges and exploring how families can continue to use their new skills in different situations.

WHO DO WE WORK WITH?

Families with a young person who is 10-17 years old and is living at home.

Families where a young person is involved in anti-social or offending behaviours and may be at risk of custody.

Where there are significant difficulties within the family meaning the young person is at risk of being accommodated by the local authority.

We aim to improve hope, reduce negativity and blame within the family and identify strengths and skills to build upon.



For further information or to make a referral, please contact the GFF Team on 01452 371672 or email FFTreferrals@gloucestershire.gov.uk

Functional Family Therapy – A partnership between:

2gether NHS FT • Gloucestershire County Council • Prospects • Action For Children