

YST Healthy Holidays

Supporting our Communities

**Do you have spare time
during the school holidays?**

**Can you travel around
Cheltenham, Cotswolds, Forest of
Dean, Gloucester, Stroud or
Tewkesbury?**

**Do you want to make a difference
to young people's lives?**



We Need Your Help

We need volunteers to help with:

- **Food preparation**
- **Meal deliveries**

Enquire about volunteering with us here:
tfaforms.com/4959453

We are a charity delivering support to young people and families in Gloucestershire and have developed a service to address some of the issues associated with food poverty.

Since 2020 we have been producing and distributing hot healthy meals to families in Gloucestershire.

We rely on the support of our fantastic volunteers to help make this happen.

Come and join our team and make a difference.



For more information or to volunteer contact the Volunteer Coordinator:



01242 242825



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